

# **General “Host Guidelines” for**

## ***Authentic Manhood: Winning at Work and Home***

### **SESSION 1**

1. Before beginning Session 1, you and your leadership team should have met and thoroughly walked through each person’s responsibilities and tasks. Every man needs to know how important “quality and doing things right and well” are to the success of the series.

The proven format for a successful Men’s Fraternity meeting is as follows (using an early morning meeting as an example):

- 5:45 a.m. – Doors open with lights bright, coffee and refreshments ready to serve, greeters in place, and upbeat, clean, energizing, mostly secular music playing in the background.
- 6:10 a.m. – Short movie clip that is fun and energizing
- 6:12-6:20 a.m. – Host makes strong, welcoming comments and introduces today’s session
- 6:20-7:00 a.m. – Message (Live or on DVD)
- 7:00 a.m. – Host gives a few concluding remarks, directions, and reminders
- 7:00-7:30 a.m. – Small group discussion
- 7:30 a.m. – Music plays, signaling the end of today’s meeting

Note: By far the best attended meeting time is on a weekday morning for 90 minutes with at least 30 minutes for small group time. Men who cannot stay for the small group time, for whatever reason, are encouraged to join with other men who have the same issue and have their small group at some other time.

2. Be sure every man has a viewer’s guide/workbook. These can be purchased though LifeWay.
3. Every man should be in a small group of no more than six men. Men are encouraged to come to Men’s Fraternity with their small group already formed. Those who come without a group should be put into a group by the host who has volunteer leaders ready in advance. The host should tell the men in this session that he is available to help men find the group that best fits them.
4. Small groups should select one man during Session 1 to lead the weekly small group discussions. His responsibilities as a small group leader are below:
  - Ask the group the questions contained at the end of each of the session outlines.

- Make sure everyone participates. Don't let any man dominate the discussion.
  - Pray for the men in your group.
  - Be a motivator! As a small group leader, you want each man to finish well.
  - Take any problems or questions to the host, to clear up.
  - Encourage the men to attend each session and follow up with members of your group who miss a session with words of encouragement to come back and stay with it.
5. Start this opening session with a strong movie clip. We used the last second touchdown run to win the state championship from the movie, "Remember the Titans". Then the host stepped up and said to the men, "Men, this year in Men's Fraternity, we're going to have a championship season too."
  6. Close by telling the men a little about the weeks ahead and how they can view the missed sessions by going to [www.mensfraternity.com](http://www.mensfraternity.com) for a small fee.
  7. Mention the importance of the "10 Key Moves" sheet.

## **SESSION 2**

1. Always follow the same format and schedule week to week. Men like predictability, timeliness, and quality. If you have these three values as part of your weekly Men's Fraternity sessions, men will relax, feel safe, and will be more willing to invite their friends.
2. Be sure every man has a workbook from LifeWay.
3. Continue to invite new men to meet with you at 7:00 a.m. when the small group time begins. Place these newcomers in new groups or add them to existing groups.
4. Start this session with a book giveaway. We have all the men look under their seat. The one with an "X" comes to the front and receives a free book. Since Session 2 is about "Knowing Women", we give away the book "His Needs, Her Needs" by Willard Harley. Interview the winner: Who is he? What does he do? Why did he come to Men's Fraternity? Etc.
5. At the conclusion of the session, invite the men who are not yet in a small group to meet with you so you can get them in one.

6. Exhort the men to do the “Die to Live” Application Project. Remind the men at the end to be sure and take the personality tests in the workbook with their wife or girlfriend before next week’s session.
7. Always start on time and end on time. Do not let any session run over!

### **SESSION 3**

1. Start this session with a movie clip. We used the funny scene from “Sleepless in Seattle” where the men and women are talking about their reactions and emotions to viewing different movies. For more ideas on movie clips, visit [www.mensfraternity.com](http://www.mensfraternity.com).
2. Be sure every man has a workbook from LifeWay. Have extra copies for newcomers available.
3. End this session stressing the “Die to Live” Application Project this week. These projects are critical to the success and value of the series.
4. BE SURE to hand out “The Four Personalities” description sheet to every man before he leaves. The sheets can be copied from this Leadership CD-Rom.

### **SESSION 4**

1. As host, it would be helpful to preview any upcoming session by watching Robert Lewis on DVD. This gives you a good feel for the session and helps you to be “on target” as host.
2. We started this session by viewing the argument between husband and wife in the movie “The Story of Us”. It’s a good clip on conflict from an otherwise bad movie.
3. At the end of the session share, as host, one personal application you received from the session.
4. Encourage the men to be working on their “10 Key Moves” draft. Tell them this is critical to processing the information they are receiving and to becoming a better man who wins at work and home.

## **SESSION 5**

1. Start the session with another book giveaway. Give away a book on sex. We gave away “The Gift of Sex” by Clifford and Joyce Penner. When the winner comes to the front do a brief interview: Who is he? What does he do? What brought him to Men’s Fraternity? What’s the best thing he’s gotten out of the series thus far? Etc.
2. Encourage the men to be faithful in their attendance. Only six more session to go before your first semester break!
3. Exhort the guys to do the “Die to Live” Application Project before you break them into small groups.

## **SESSION 6**

1. Start the session with a funny movie clip. We used the scene from “Father of the Bride” where the dad comes face to face with the cost of the wedding.
2. Encourage the men, after this session, to work on their “10 Key Moves” draft. Additional copies can be downloaded from the Leadership CD-Rom.
3. Please know that next week Robert will share the gospel to the men in Session 7. Preview this session and be prepared to follow up with any man who needs it.
4. Before breaking the men into small groups, exhort them to put their financial principles into action. Share an application from your own life.

## **SESSION 7**

1. Open this session with a funny movie clip. We used a clip from the TV series, “Life According to Jim.”
2. Robert shares the gospel in this session. Be ready! Before going to small groups, tell the men that they can come see you if they need to talk with someone further about spiritual life. Also, encourage any man who received Christ to come and tell you after the session is over. Think through some follow up steps in advance for those who will need encouragement.

## **SESSION 8**

1. Open with another book giveaway that is a best seller on parenting. Robert turns to the subject of parenting in Session 8, so this is an appropriate transition. Interview the man who wins the book.
2. At the close, remind the men that you have two sessions to go before you break. Encourage them to stay faithful in their attendance.
3. Exhort the men to do their “Die to Live” Application Project.

## **SESSION 9**

1. Start with a movie clip. We used the “Matt Foley, Motivational Speaker” clip from Chris Farley’s “Best of Saturday Night Live”. Very funny.
2. Share one thing that impacted you most from last week’s session to start the presentation on parenting.
3. Please note, there is a powerful video at the end of Robert’s presentation entitled “Team Hoyt”.
4. Before breaking into small groups, remind the men, only one more week! Then encourage them to check out the resources Robert mentioned in this session by going to their websites.

## **SESSION 10**

1. Before the presentation, congratulate the men on having finished their first semester of the series. Tell them to write down the date of when the second half of the series will begin in the winter! This is very important...there are only six sessions in the second half.
2. Also, before the presentation, remind the men they can hear any missed session by going to [www.mensfraternity.com](http://www.mensfraternity.com) and paying a small fee.
3. Before breaking into small groups, exhort the men to finish this first semester by putting down all their long-range applications on their “10 Key moves” draft. This is very important.

## **SESSION 11**

1. Start with a movie clip. We used a funny scene from “Tommy Boy” on work.
2. Welcome the men back! Have fun. Tell them this second half of *Work and Home* consists of only six sessions and will conclude on “X” date. The focus of the second half is on work, and the men will gain some valuable new insight.
3. After the session, share one or two things that most impacted you from the opening session of the second half of the series. The more specific, the better!
4. Encourage the men to be as honest and real as possible in their small group discussions.

## **SESSION 12**

1. Start the session with a movie clip on work. We used a scene on work from the movie “Forest Gump.”
2. Remind the men of their “10 Key Moves” draft that they should be working on during this second half. It must be completed and put in a final form to turn in at Session 15.
3. Before going to small groups, share one personal application or insight you gained from this session. What has been your primary “view of work”?

## **SESSION 13**

1. Begin with a movie clip. During this session, we used the opening scene from “City Slickers” of a man’s discouragement with his work. Always keep these movie clips “up”.
2. Start reminding the men now to finish their “10 Key Moves” sheet. In two weeks a final draft should be turned in for graduation.

3. Before breaking into small groups, share with the men how you personally rated the “five work energizers” in your life.

#### **SESSION 14**

1. Start with a funny movie clip. We used a scene from “Office Space”.
2. Remind the guys to “finish strong”! Two weeks to go. Next week they will turn in their completed “10 Key Moves” sheet. Every man needs to have this sheet typed with their name on it. Tell them to make two copies: one to turn in and one to keep.
3. Tell the men that there will be a graduation ceremony in place of their small group time in Session 16.

#### **SESSION 15**

1. Start this session with a book giveaway. We gave away “Your Work Matters to God” by Doug Sherman. Interview the winner. Ask him to share what has most impacted him during this year’s Men’s Fraternity.
2. Remind the men before they break into small groups to come down and give you a copy of their “10 Key Moves” sheet.

#### **SESSION 16**

1. Open with a movie clip. We used the launch scene from “Apollo 13”. As host, you can come up afterwards with the comment, “Today men, we are launching you out of here...to a life of being a better man at work and at home.” Congratulate the men on being “finishers”!
2. Remind the men that immediately after the presentation you will have your Men’s Fraternity graduation for those who have completed by turning in their “10 Key Moves” sheet.
3. After the presentation have your Men’s Fraternity graduation. Here is a suggested outline:

- Again, congratulate the men on finishing this series.
- Thank the men who were your team and helped you pull off the weekly sessions. You might call them to the stage to be recognized and give them some kind of “thank you” gift.
- Have one man from Men’s Fraternity share how this year has changed his life.
- Then, as the host, give a brief charge to the men to leave committed to implementing the “10 Key Moves” they personally came up with.
- Then call every man who has completed their “10 Key Moves” by name to the stage. As each man comes, give them the “Paradox Cross” that can be purchased at [www.mensfraternity.com](http://www.mensfraternity.com) as a gift to take with them.
- Conclude by having all the men come forward and kneel as you give a concluding prayer.